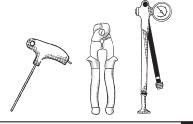
# COAST(EXTERNAL) POST P.1

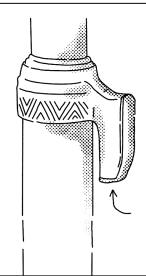
#### **TOOLS NEEDED**

- -5MM ALLEN WRENCH
- -CABLE CUTTERS
- -HIGH PRESSURE SHOCK PUMP



#### WARNING:

DO NOT DRILL OR MODIFY YOUR FRAME IN ANY WAY. DOING SO WILL VOID THE WARRANTY. MODIFICATION OF YOUR FRAME IN ANY WAY MAY RESULT IN FRAME FAILURE WHICH MAY RESULT IN SERIOUS INJURY OR DEATH.

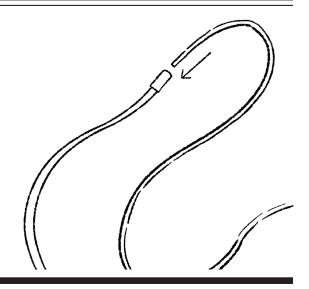


#### STEP 1

REMOVE CABLE PORT DUST COVER AT THE MID-CAP OF POST. IT IS EASIEST TO REMOVE FROM THE BOTTOM PORTION WHERE THE CABLE INSERTS.

#### STEP 2

RUN THE CABLE THROUGH THE CABLE HOUSING AND MID-CAP CABLE PORT DUST COVER AND FIX THE DUST COVER TO THE HOUSING AS SHOWN.



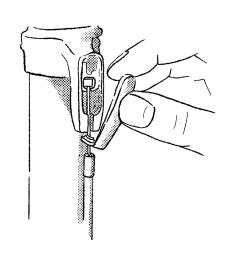
### STEP 3

PLACE THE METAL CABLE END INTO THE SQUARE SHAPED INSERT ON THE POST ACTUATOR ROD.

NOTE: EXTERNALLY ROUTED POSTS USE THE SQUARE END SHIFTER CABLE AS IS AND DO NOT REQUIRE THE SHIFTER CABLE END BARREL ADAPTER INCLUDED WITH SOME DROPPER LEVERS.

STEP 4

SET CABLE HOUSING INTO THE HOUSING HOLDER, PULL CABLE TAUT, AND REPLACE CABLE PORT DUST COVER.

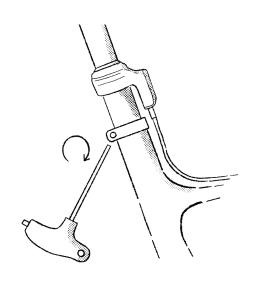


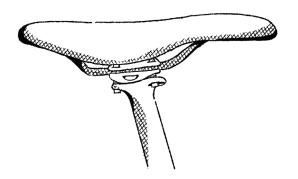
### STEP 5

INSERT THE DROPPER POST INTO PROPERLY LUBRICATED SEAT TUBE. BE SURE TO INSERT POST BEYOND MINIMUM INSERTION LINE ON POST.

## STEP 6

TIGHTEN SEAT TUBE CLAMP TO THE RECOMMENDED TORQUE SPECIFICATIONS OF YOUR MANUFACTURER.





#### STEP 7

PLACE SADDLE RAILS INTO CLAMP,
ADJUST ANGLE AND FORE/AFT POSITION PER BIKE FIT,
TIGHTEN BOLTS WITH 5MM ALLEN WRENCH TO 8-10NM.

#### ADJUSTING SUSPENSION RATE

THE COAST DROPPER POST FEATURES AN ADJUSTABLE AIR SUSPENSION CARTRIDGE FOR TAKING THE EDGE OFF OF LARGER BUMPS WHILE SEATED. IT IS PURELY PERSONAL PREFERENCE FOR HOW MUCH AIR PRESSURE AND SUSPENSION MOVEMENT YOU PREFER, BUT AS A GENERAL RULE OF THUMB THERE SHOULD NOT BE ANY SAG WHEN YOU SIT ON THE SEAT.

NOTE: YOU WILL NEED A HIGH PRESSURE SHOCK PUMP.

#### STEP 1

REMOVE THE AIR VALVE CAP FROM THE REAR SIDE OF THE SEAT POST UNDER THE SADDLE.

#### STEP 2

USE A COMPATIBLE SHOCK PUMP TO SET PRESSURE BETWEEN 230-300PSI.

WARNING: DO NOT EXCEED 300PSI.

#### STEP 3

REMOVE SHOCK PUMP AND REINSTALL VALVE CAP.
ADJUST AS NEEDED BASED ON PERSONAL PREFERENCE.





